

ISALIP

Booklet:

# Cyber Security Awareness Guide for Citizens - Protecting Yourself Online

*A part of the ISALIP Seeding Materials*



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# "Information Security Awareness, Literacy and Privacy – ISALIP"

Project Partners:



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## 1 Introduction

This output document was developed in the ERASMUS+ project ISALIP (“Information Security Awareness, Literacy and Privacy”) as part of the ISALIP Seeding Materials and is intended to give a practical tool for SME in the field of information security.

As a result of numerous project activities - such as lead user workshops, expert interviews and piloting with SMEs - the ISALIP project team realised that the professional competence of employees in the field of cyber security is closely linked to their awareness of cyber security. This awareness naturally also relates to employees' private lives. A central question is therefore: How do I move securely in cyber space?

The ISALIP Seeding Materials include a curriculum for the creation of comprehensive teaching materials on cyber security in SMEs (i.e. working-based teaching material) and the formulation of 20 "rules" for the creation of easily accessible teaching materials on cyber security from existing working-based teaching material (target group: citizens and private environment). The following "Booklet: Cyber Security Awareness Guide for Citizens - Protecting Yourself Online" is intended to provide further practical assistance. The basic topics of cyber security are presented in a structured manner and, above all, simple methods for staying secure online and in cyberspace are introduced.

The booklet thus forms the basis for future projects on cyber security awareness raising in the context of adult education.



## 2 Booklet: Cyber Security Awareness Guide for Citizens - Protecting Yourself Online

*[Cover Page]*

Title: **Cybersecurity Awareness Guide for Citizens**

Subtitle: **Protecting Yourself Online**

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